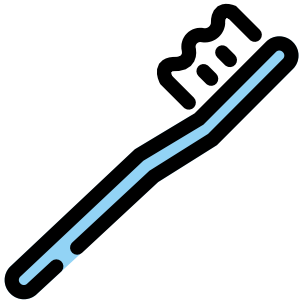
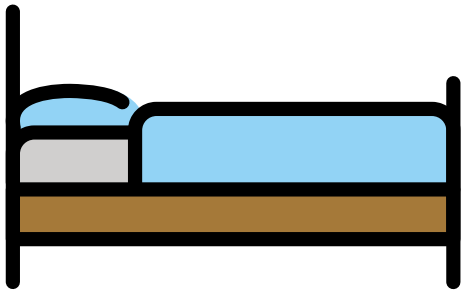
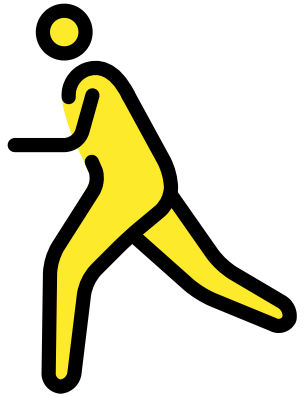
Pour rester en forme



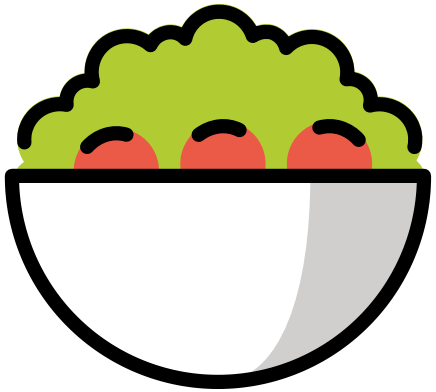
je me brosse les dents



je dors



je bouge



je mange varié



je me mouche